

# The Six Thinking Hats

This is a technique that can be used whenever you need to think. Each hat is associated with a colour, and represents a different type of thinking. You simply imagine yourself wearing a particular coloured hat and then try to do the type of thinking associated with that colour. The hats can be put on many times in different sequences which encourages different types of thinking while concentrating on one type at a time. To get the maximum benefit, everyone present should try on every hat. The hats are :

## **Blue** - Ordered.

Control, summary and planning.  
Where are we now?  
What should we think about next?



## **White** - Factual.

Facts, figures and information.  
What information do we have?  
What information do we need?  
How do we get the information we need?



## **Green** - Creative.

Imagination, exploration, and alternatives.  
How do we make this happen?  
What else could we do?



## **Red** - Emotional.

Feelings, hunches and intuition.  
What do I feel about this, right now?



## **Yellow** - Optimistic.

Advantages, benefits and savings.  
Why would this be good?  
Who benefits most?  
What is the best we could hope for?



## **Black** - Critical.

Caution, truth, judgement and logic.  
Can this be done?  
Is this safe?  
Does this fit the facts?  
What are the problems?

